Bristol Jets - Return to Outdoor Training - COVID-19 Risk Assessment

Bristol Jets guidance to players in line with this risk assessment can be found here



Applicable references:

- England Touch Association Coronavirus
- England Touch Return to play action plan
- England Touch Return to Play: Before activity
- England Touch Return to Play: During activity
- England Touch Return to Play: After activity
- England Touch Return to Play: COVID-19 Code of Conduct
- England Touch Return to Play: Useful resources
- HSE First Aid during the Coronavirus (COVID-19) outbreak
- Government guidance on COVID-19
- NHS advice for assessing personal risk factors

Assessment Phase - Phased Return to Play of Touch: England Touch Association Stage 3- Training in larger groups of up to 30; Normal Touch rules inc. intra-club matches

| Assessed by: J Palmer | Date of Assessment: 04/07/20 | Review A: 19/08/20 (Revisions for Stage 3 in Bold) | Review B: 06/12/20 (Revisions for Winter training in Green) | |
|--------------------------|------------------------------|--|---|--|
|--------------------------|------------------------------|--|---|--|

Risk scoring matrix:

| Bristol Jets duty of care risk matrix in relation to members contracting COVID whist participating in club activity | | |
|---|--------------------------|--|
| Probability | Severity of consequences | |

| harm to members mitigated by controls in place p | | Minor - Moderate Bristol Jets assured controls in place provide sufficient and reasonable protection in line with Government and other guidance | Major / catastrophic Bristol Jets identifies unacceptable risk of controls being insufficient and exposes members to significant risk of COVID-19 |
|--|--|---|---|
| Certain > 90% chance | Medium | High | High |
| Likely 50%-90% chance | Medium | High | High |
| Possible 10-50% chance | Low | Medium | High |
| Rare / Unlikely <3%- 10% chance | Low | Low | Medium |
| Overall risk rating for train | ning offer for 'return to play stage 2' with mea | Low | |

Preparing to Play

| Hazard | Control Measures | Residual Risk | Additional Control Measures | Comments |
|---|---|------------------|--|--|
| Infection from COVID - 19 - direct transmission from infected person - symptomatic | Club guidelines to be provided stating that players & coaches that are displaying any symptoms of COVID-19 or have tested positive and are in the period of isolation recommended by PHE / Government guidance are NOT to attend any training session | Med | 1m+ social distancing is to be maintained during training session, and at least 2m where possible All club members will receive guidance to self-assess personal risk of additional vulnerability factors as per current NHS guidance | Club will require players to agree to these conditions in order to attend training Players may return to training once free of symptoms and required isolation period has been observed |

| Infection from COVID - 19 - direct transmission from infected person | Club guidelines to be provided stating that players & coaches are not to attend any training session if any member of their household is displaying COVID-19 symptoms or have tested positive until they have completed the recommended period of self isolation in accordance with PHE/Government guidance | Med | As above | Club will require players to agree to these conditions in order to attend training Players may return to training once free of symptoms and required isolation period has been observed This includes Parents of U18 players who might provide transport/'being within sight' |
|--|---|-----|----------|---|
| Infection from COVID - 19 - direct transmission from infected person - asymptomatic | Record of all players that attend the training session (and in which training group) to be kept for NHS Test & Trace purposes | Low | | To aid NHS Test&Trace. Does not negate direct risk, but protects the community, which includes players at following training sessions from further transmission within the club |
| Infection from COVID - 19 - direct transmission from infected person | Club guidelines to be provided stating that if a player develops symptoms within 48 hours of attending a training session, they must inform the Bristol Jets COVID-19 Officer as soon as possible and ensure they have a test within 48 hours | Med | | In the case of a confirmed positive test the Bristol Jets COVID-19 officer will take the necessary steps related to NHS Test and Trace and will report it to England Touch |
| Infection from COVID - 19 - direct transmission from infected person - contaminated surfaces - handling cash | Payments for subs/kit to be done by online banking. No cash is to be handled | Low | | |

Travel to/from training

| Hazard | Control Measures | Residual Risk | Additional Control Measures | Comments |
|---|--|------------------|--|---|
| Travel outside of Tier area | Players must follow local government guidance on travel between different Tier areas for organised outdoor sport | Low | | This is likely to change regularly. Minor changes will be communicated to players via club Whatsapp and major changes with the addition of updating player guidance |
| Infection from COVID - 19 - transport | Club guidance for players and coaches will advise them to travel to the Downs Golden Hill Sports Ground on their own or in their household groups, minimising use of public transport (driving, walking or cycling wherever possible). | Low | Club guidance will be issued - If no other option but to car share, all passengers should wash their hands (for at least 20s) or sanitise before entering and after exiting the vehicle. Driver and passengers should wear face coverings and open windows for ventilation. Seating arrangements should be considered to maximise distance between people, car should be cleaned between journeys, particularly door handles | |
| Infection from COVID - 19 - crowding at pitch | Players are not to congregate outside of their 'training group' of 6 up to 30 people and are to maintain social distancing | Low | | |
| Infection from COVID - 19 - transmission from contaminated surfaces | Players to sanitise hands on arrival at training, and immediately after training has finished | Low | | Players advised to bring their own hand sanitiser |
| Infection from COVID - 19 - depositing kitbags | Players are to deposit their kit bags & other belongings at the side of the training area so | Low | | |

| | that they are 1m+ apart from the adjacent player's kit to avoid crowding | | |
|---|---|-----|--|
| Infection from COVID-19 – no sharing of bottles | Players are to bring their own water bottles and not share | Low | |
| Infection from COVID - 19 - transmission from contaminated surfaces - use of toilet | If a player uses the public clubhouse toilet during training, they must sanitise hands before and after. Only one person to enter the building at a time, and follow on-site guidance | Low | |
| Infection from COVID - 19 - transmission from contaminated surfaces - | Players are to take home their own litter | Low | |
| Infection from COVID - 19 - transmission from contaminated surfaces - club equipment | Balls & other equipment (cones etc) are to be cleaned in between sessions or left 72hours | Low | |

Training

| Hazard | Control Measures | Residual Risk | Additional Control Measures | Comments |
|--|---|------------------|-----------------------------|----------|
| Infection from COVID - 19 - direct transmission from infected person - U18 chaperones | U18 chaperones are to remain in their cars within sight of the training area. Only one chaperone per U18 player | Low | | |

| Infection from COVID - 19 - direct transmission from infected person | Each training group will consist of a maximum of 30 participants in an area the size of a single touch field, or half a standard rugby field (or equivalent space) | Low | Coaches to mark out a training area, and no more than 30 people per group |
|--|--|-----|---|
| Infection from COVID - 19 - direct transmission from infected person | Training sessions will have regular breaks – at least every 15 minutes to ensure balls and equipment can be sanitised (or replaced). Total training duration (in groups greater than 6) should not exceed 75 minutes, and time spent in medium risk activity should not exceed 20 minutes in any one session | Low | Coaches/group leads to devise suitable training session each week where time spent in medium risk activities do not exceed 20 minutes. Coaches will clean/replace balls every 15 minutes. If sessions are planned that exceed 75 minutes, the excess of 75 minutes will take place in groups of 6 or less |
| Infection from COVID - 19 - direct transmission from infected person | All participants should remain socially distanced during breaks | Low | Coaches to remind of this or plan socially distanced activities during breaks |
| Infection from COVID - 19 - direct transmission from infected person | Players should not touch equipment such as cones, or balls outside of instructed drills | Low | |
| Infection from COVID - 19 - direct transmission from infected person | Players should arrive in washed kit ready to train. Kit should be taken home and washed following activity | Low | |
| Infection from COVID - 19 - direct transmission from infected person | If bibs are required, they must not be shared, collected by one person who should sanitize after collection, and bibs should be cleaned after use | Low | |
| Infection from COVID - 19 - direct transmission from infected person | All players and coaches should refrain from shouting where possible, and whistles must not be shared | Low | |

| Infection from COVID - 19 - transmission from person - First Aid Situation First Aid Situation First Aider is to see if they can provide instructions whilst 2m apart to casualty or someone in the casualty's household group. First Aider is to try to assist at a safe distance from the casualty as much as possible and minimise the time a breathing zone is shared | Med | Mask (x2, for person administering and receiving first aid) and gloves (one pair) will be provided for each group for emergency first-aid use | If they are capable, instruct casualty, but treating the casualty properly should be first concern. Remember the 3P model – preserve life, prevent worsening, promote recovery |
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